



Smt. N.P. Savithramma
Govt. College for Women
Chittoor. (A.P.)



స్వచ్ఛ భారతి

College Magazine

Academic Year 2023 - 24



శ్రీమతి ఎన్.పి. సావిత్రమ్మ ప్రభుత్వ మహిళా కళాశాల

చిత్తూరు. (ఆం. ప్ర)



సృజన భారతి Magazine 2023-2024

ప్రధాన సంపాదకులు

డా॥ జి. ఉషారాణి, తెలుగు శాఖధ్యక్షులు

సంపాదకులు

అన్ని శాఖల అధ్యాపక బృందం

టైపింగ్ సహాయకులు :

వి. మాలతి, కంప్యూటర్ ఆపరేటర్

డి.టి.పి & ముఖచిత్రం :

ఎం. సంధ్యశ్రీ, ఎన్.పి. సావిత్రమ్మ కళాశాల పూర్వవిద్యార్థిని

వైస్ ప్రెసిపాల్

ఎ.ఎం. నరేంద్ర కుమార్

ప్రిన్సిపాల్

డా॥ కె. మనోహర్

Foreword

Dr. K. Manohar,

Principal,

Smt. N.P.S. Govt. Degree College,

Chittoor.



I am truly proud to declare that our Smt.N.P.SavithrammaGovt Degree College for Women is an institution that constantly strives to create responsible women with all the above defined qualities. institution instills modern education with well-established ethical values. Every human being in this world needs basic necessities like food, clothing, and shelter. To make life more meaningful and fruitful, one also needs knowledge, wisdom, honesty, morals, and sincerity. We at our institution instill modern education with well-established ethical ideals because we firmly think that today's students will be tomorrow's country builders. Our highly skilled, experienced, and committed teaching community makes all of these possible. I am thrilled to write a few words about the college magazine, which has student and instructor contributions in the form of essays, poems, stories, and other artistic creations that are considered to be noble works. I sincerely appreciate them and wish them luck in all of their future endeavors.

Dr. K. Manohar

Principal

Foreword

A. M. Narendra Kumar,

Vice - Principal,

Smt. N.P.S. Govt. Degree College,
Chittoor.



Every human being needs food, clothing, and shelter, among other basic necessities, in order to survive in this world. A more successful and satisfying life also requires knowledge, intelligence, honesty, integrity, and sincerity. I am proud to state that Smt. N. P. Savitharamma Government Degree College for Women consistently strives to produce responsible women who exhibit all of the aforementioned qualities. Our institution upholds moral values in addition to contemporary education because we genuinely believe that today's students will be tomorrow's nation-builders. We have a very talented, committed, and experienced teaching community that makes all of things possible. It gives me great pleasure to write a few words about the college magazine, which features articles, poetry, stories, and other artistic creations that are considered wonderful works and are contributed by both teachers and students. I sincerely thank you and wish you luck in all of your future pursuits.

A.M. Narendra Kumar

Vice - Principal

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SUCCESS

M. Sathya Lakshmi

I B.Com (Computer Application)

Introduction

Success is not just about reaching a goal; it is about the journey, the struggles, and the lessons learned along the way. True success is not defined by wealth or fame, but by the satisfaction of personal growth, the strength to overcome obstacles, and the impact one leaves on others. Every person has their own definition of success. Some see it as achieving their dreams, while others find success in helping people, gaining knowledge, or maintaining happiness and peace.



The Essence of Success

Success is deeply personal and varies from person to person. It is a combination of hard work, persistence, and the ability to learn from failures. Those who continuously strive for improvement and never give up are the ones who truly achieve success. It is important to understand that success does not happen overnight. It requires patience, perseverance, and a strong mindset. Many great personalities, such as Thomas Edison and Albert Einstein, faced numerous failures before reaching their goals.

Success and Hard Work

Hard work is a crucial factor in achieving success. Those who are dedicated and put in consistent effort towards their goals are more likely to succeed. Talent alone is not enough; it must be supported by hard work and commitment. Successful individuals often work tirelessly to refine their skills and improve their abilities. They continuously learn from their mistakes and adapt to new challenges.

Success in Different Aspects of Life

Success is not just about career achievements. It extends to various aspects of life, such as

relationships, health, and personal development. A truly successful person balances all these elements effectively. Personal Success: Achieving mental peace, happiness, and self-confidence. Professional Success: Advancing in one's career, gaining financial stability and excelling in work. Social Success: Building strong relationships, contributing to society, and making a difference in others' lives. True success is achieved when all these aspects are in harmony.



Overcoming Failure

Failure is a part of the journey to success. Many great people have failed multiple times before achieving their goals. What separates successful people from others is their attitude towards failure. Instead of giving up, they learn from their mistakes, improve their strategies, and continue their journey. Failure teaches resilience, patience, and determination. It is not the end; it is just a step towards growth. Successful individuals see failure as an opportunity to grow rather than a reason to quit. Every setback provides valuable lessons that bring them closer to their goals.

Staying Motivated

One of the biggest challenges in achieving success is staying motivated. Life is full of ups and downs, and it is easy to lose enthusiasm when facing difficulties. To stay motivated: Set clear goals and remind yourself why you started. Surround yourself with positive influences who encourage your growth. Keep learning and improving your skills. Celebrate small victories and use failures as learning experiences. By maintaining a positive mindset and staying committed, success becomes a journey worth pursuing.

The Role of Positivity

A positive attitude plays a crucial role in achieving success. Those who believe in themselves and maintain a positive outlook on life are more likely to reach their goals. Positivity helps in overcoming obstacles, staying focused, and dealing with stress effectively. Successful individuals practice gratitude, stay optimistic, and always look for solutions instead of dwelling on problems. By training the mind to focus on the positives, one can create a strong foundation for success.

Final Thoughts

Success is a journey filled with challenges, learning experiences, and personal growth. It is about continuous self-improvement, perseverance, and staying true to one's dreams. There is no fixed formula for success. What works for one person may not work for another. However, common elements such as hard work, positivity, resilience, and determination are found in every success story. Stay motivated, believe in yourself, and never stop striving for your goals.

A Beautiful Thought on Success

***“Success is not about how high you have climbed,
but how many times you have risen after falling.”***

Poetry in English

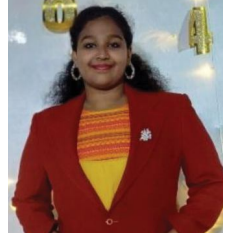


S. Sharfunnisa Gul

II B. Com [Gen]

What name and Fame , what good will I have
I know
What you know about me
The way you understand me
Is absolutely different.
I may be a profitable trust to some,
Some feel my thoughts are scrap
If our ideas co
Maybe fruitful to meny
But, people always agreed to disagree.
It's my fate.
I'm helpless...

The Symphony of Life: Music's Unstoppable Power



A C Ashnah

I B. Com [C.A]

Ancient Magic in Modern Times

Music is humanity's most powerful form of expression a force that knows no borders, requires no translation, and touches hearts across all cultures. Remarkably, music predates spoken language, with the oldest known musical instrument being a 43,000-year-old flute made from a bear's bone. It's the rhythm that makes us dance, the melody that brings tears to our eyes, and the harmony that connects us all.

Your Brain on Music:

The Science of Sound Every day, music shapes our lives in countless ways. The human brain is so attuned to music that it can identify a familiar song in just 0.1 to 0.3 seconds! Scientists have discovered that music doesn't just entertain us—it triggers the release of dopamine, the same "feel-good" chemical released when we eat chocolate or fall in love. Studies show that learning a musical instrument can increase IQ by up to 7 points in children and adults.

Infinite Melodies: The Digital Symphony

In our digital age, music has become more accessible than ever. Today's music streaming platforms need over 400 years to play all their songs back-to-back. Did you know that the most-streamed song in history, "Blinding Lights" by The Weeknd, has been played billions of times equivalent to over 4,000 years of continuous listening? New artists emerge daily, blending styles and pushing boundaries, while traditional music keeps cultural heritage alive.

Hearts in Harmony: The Ultimate Human Connection

Whether it's a simple hummed tune or a complex orchestra performance, music remains one of the few universal experiences that unite us. Fascinatingly, our heartbeats naturally synchronize with the music we hear, and when people sing together, their hearts begin to beat in unison. In a world of differences, music truly stands as a bridge that connects us all physically and emotionally.

DRAUPADI MURMU: FROM THE MARGINALISED AND FOR THE MARGINALISED

K. Mamatha
II B.A., [History]

**“I want to tell the Youth to not just focus on their Future .. But also lay the
Foundation of the Country’s Future ...”**

Draupadi Murmu is a trailblazing Indian politician who has made history by becoming the first tribal woman to hold the office of President of India. Born on 20 June 1958, in the Mayurbhanj district of Odisha, India, Murmu comes from a humble tribal family and has faced numerous challenges throughout her life. Before entering politics, Murmu worked as a teacher and later as a junior assistant in the Irrigation Department of the Government of Odisha. She began her political career in 1997 and went on to serve as a councilor, a member of the Odisha Legislative Assembly, and a minister in the Odisha government. In 2015, Murmu was appointed as the Governor of Jharkhand, a position she held until 2021. Her leadership and dedication earned her the respect and admiration of the people of Jharkhand. Murmu’s personal life has not been without its challenges. She lost her husband, Shyam Charan Murmu, in 2014, and her two sons passed away in 2009 and 2013, respectively. Despite these tragedies, Murmu has continued to serve the people of India with courage and determination.



Today, as the 15th President of India, Murmu is an inspiration to millions of Indians, particularly women and tribal communities. Her life story is a testament to her strength, resilience, and commitment to public service .

जिंदगी कांच की तरह है



एस.शर्फुन्निसा गुल..

सेकंड बीकॉम(जनरल)

चारों तरफ हे ये हमारे जिंदगी में ।
हर कोई हममे जब भी देखे खे अच्छा लगता है
चारों तरफ एक ही माहोल है
हर कोई है अपने सपनों की तरफ
छोटे हो या बड़े सपने तो सपने है न ।
कांच की तरह हे जिन्दाही ।
टूट गए तो खतम हो जाता है ।
उमर की नहीं कोई ज़रूरत यहाँ ।
होना तो बस इतना है कि रहे तुम्हारे सपने ।
छोटा हो अपना हो यह ठीक है ।
औकात से बढ़ के देखना मज़े दर हे
न अन देखा करो सपने छोटे हो या बड़े
सपनोंका होना अच्छा लगता है ।

MATHEMATICAL RIDDLES

- ① A couple went for a picnic. They have 5 sons and each son has three sisters. Each sister has one baby. In total how many people went for the picnic?

Explanation :

$$7 \times 2 - 1 = 13;$$

$$11 \times 2 - 1 = 21;$$

$$16 \times 2 - 1 = 31$$

- ② A couple has 5 sons and each son has three sisters, which means that the couple has three daughters. Now each daughter has a baby; meaning there are three babies in the family.

Explanation :

$$\text{Total members} = 13 \quad \text{Couples} = 2 \quad \text{Sons} = 5$$

$$\text{Sisters} = 3 \quad \text{Babies} = 3$$

- ③ What is the next number in the sequence 2, 3, 5, 8, 13?

④ 21

Explanation :

$$2+3=5; 3+5=8; 5+8=13; 8+13=21$$

- ⑤ What is $7+7 \div 7+7 \times 7-$?

④ 50

We will apply BODMAS [Bracket off Divide Multiply Addition Subtraction]

$$7 \div 7 = 1 = 7 + 1 + 49 - 7$$

$$= 8 + 49 - 7$$

$$= 57 - 7$$

$$= 50$$

- ⑥ If 7 is transformed into 13 and 11 into 21, what does 16 become?

④ 31

⑤.

There are men and horses in a stable. In total, there are 22 heads and 72 feet. How many men and horses are there in the stable?

④.

14 horses and 8 men

Explanation :

$$14 + 8 = 22 \text{ Heads}$$

$$[14 \times 4] + [8 \times 2] = 56 + 16$$

$$= 72 \text{ feet}$$

⑥.

How do you go from 98 to 720 using just one letter?

④.

Add "x" between ninety and eight

$$[\text{Ninety} \times \text{Eight} = 720]$$

2023-24



M. Neelavathi
Ist BSC(MSCS)

MATHS PUZZLES



M. Bharathi
Ist BSC (Mscs)
2023-24

Q. find the number that can be replaced with (?) in the following puzzle

4	6
24	576

3	5
15	

Solution :- In the given puzzle

4	6
$24 = 4 \times 6$	$576 = 24 \times 24$

3	5
$15 = 3 \times 5$	$15 \times 15 = 225$

Hence, 225 can be written in the missing place

Q. What will replace the (?) in the following puzzle



Solution :- In the given puzzle

$$6 \times 7 = 42$$

$$3 \times 7 = 21$$

$$? \times 7 = 63$$

$$= 63 \div 7 = 9$$

Therefore, 9 should be written in place of a question mark.

03) Using four 9s and one 1, form any numerical expression such that it results in 100

Solution: - Number of 9s = 4

i.e. 9, 9, 9, 9

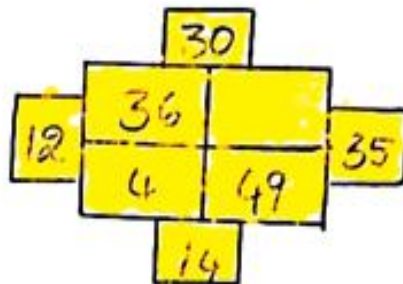
Number of 1s = 1

Required numerical expression

$$= 199 - 99$$

$$= 100$$

04) What can be added in place of a question mark?



Solution: - Let us consider the lower part of the given puzzle

$4 = 2^2$	$49 = 7^2$
$14 = 2 \times 7$	

$$49 = 7^2$$

$$35/7 = 5$$

$$5^2 = 25$$

that means $7 \times 5 = 35$

thus, the missing number is 25

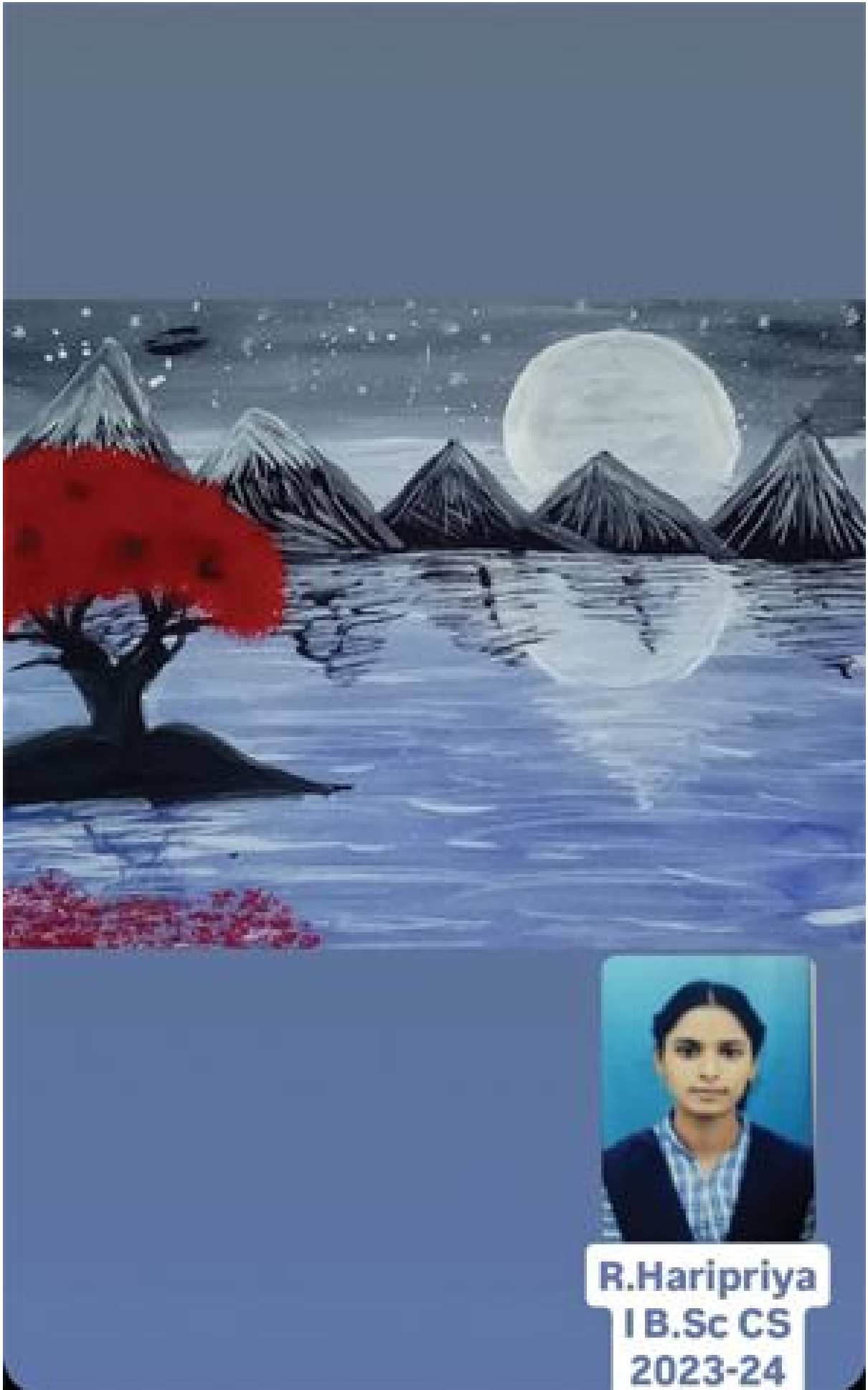


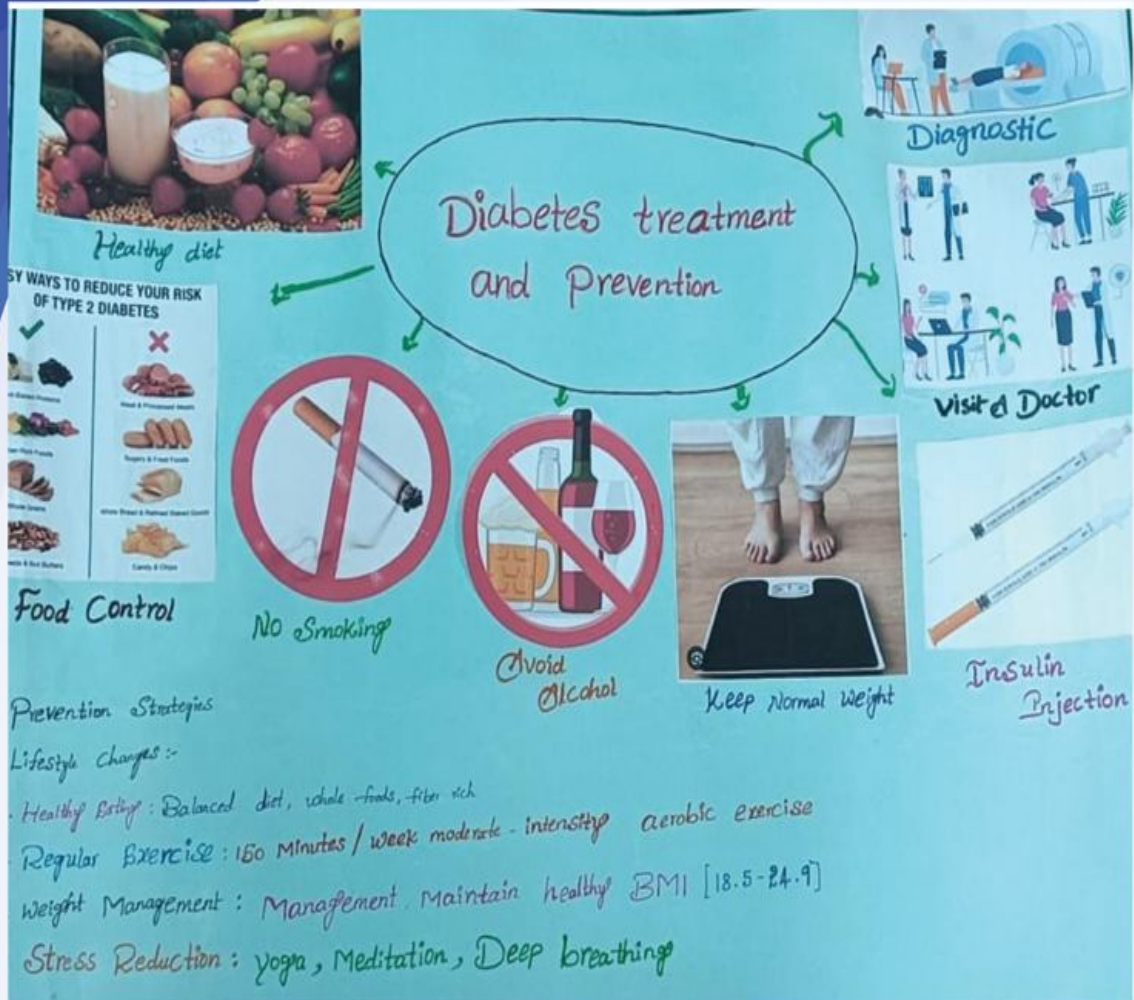


V.sravanthi
IB.Sc CS
2023-24



M.madhumathi
I.B.Sc CS
2023-24





S.Raziya
2'nd Year-Zoology
Topic: prevention of
Diabetes
Description: Eat
Healthy Foods
mostly to avoid
diabetes





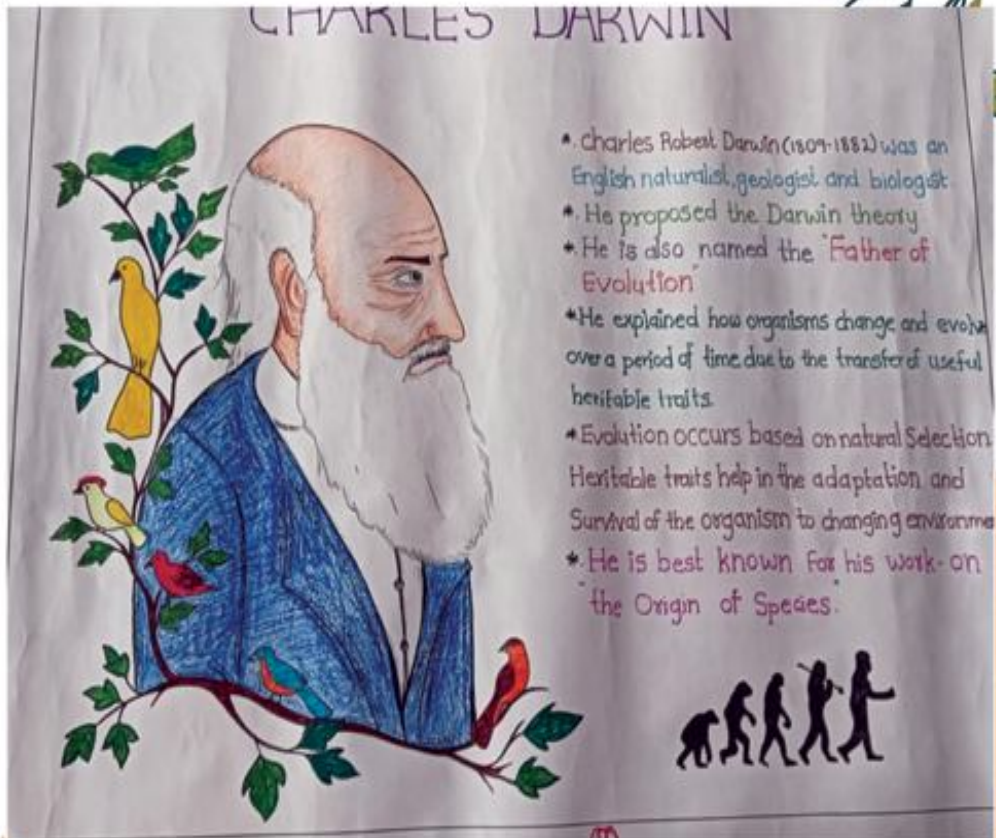
S.Joyce

2'nd Year- Zoology

Topic: Causes of Diabetes

Description: Diabetes can have many causes including genetics, lifestyles factors and certain medications.





P.Divya
zoology-2nd
year
Topic.
Charles
Darwin



మాతృరుణం



Smt. P. Sobha Latha
Lecturer in Mathematics

Smt. NPS Govt. Degree
College(W), Chittoor.

ఒక్క గర్భంలో సృష్టినంతా ఇముడ్చుకుంది.

లెక్కలేనన్ని తిరుగుబాట్లు

చెప్పలేనన్ని వేదనలు

ప్రతిక్షణం జీవన్మరణ పోరాటాలు...

తన అంతరాల చీకటి బాధలన్నీ

జ్వలించే వెలుగు కిరణాలుగా చేసి

నా రక్తమాంసాలను నిర్మిస్తుంది...

తన ప్రాణాన్ని ప్రేమఒడిగా మార్చి నాకు ఆశ్రయమిస్తుంది.

పిడుకెదు నా రూపం కోసం తన రూపాన్ని తాను కోల్పోతుంది.

నాలో ఊపిరి శ్వాసలు నింపడం కోసం తన రక్తబిందువులను ధారగా పోస్తుంది.

తనలోని మలినమంతా భరించి

నన్ను ధరణిపై ప్రసవిస్తుంది.

తానిప్పుడు కేవలం స్త్రీ కాదు

నను మనిషిగా చెక్కిన మహాశిల్పి.

లోకమా ఓసారి సమీక్షించుకో...

కేవలం “తల్లి” అన్నపేరొకటే చాలునా ఆమెను కీర్తించడానికి...

शिक्षा और जीवन-मूल्य

Dr. S. Shamsakthar,

Lecturer in Hindi.

शिक्षा, जीवन से गहन रूप से संबंधित है। जीवन की कल्पना में ही शिक्षा के उद्देश्य, मूल्य तथा लक्ष्यों का निर्धारण निहित है। शिक्षा अपने उद्देश्य, अपनी प्रक्रिया एवं शासन जीवनानुभवों से ही ग्रहण करती है। शिक्षा से जीवन के प्रति व्यक्ति की उचित दृष्टि निर्मित होती है। सिर्फ इतना ही नहीं, अपितु जीवन की समस्याओं के समाधान का मार्ग भी शिक्षा ही प्रशस्त करती है। आदिगुरु शंकराचार्य के अनुसार जीवन की समस्याओं के समाधान का मार्ग भी शिक्षा ही प्रशस्त करती है। आदिगुरु शंकराचार्य के अनुसार जीवन की अवतरणा केवल मात्र भौतिक सुख-समृद्धि का भोग करने के लिए ही नहीं हुई बरन मानव-जीवन ज्ञानार्जन के लिए है। चूंकि जीवन बड़ा संघर्षमय होता है, इसलिए समुचित शिक्षा-दीक्षा के द्वारा व्यक्ति अपने जीवन को सफल बना सकता है। शंकराचार्य जी ने जीवन और शिक्षा को एक रूप माना एवं कहा कि जीवन का सारभूत तत्व होने के कारण ज्ञान (शिक्षा) एवं जीवन में वस्तुतः पार्थक्य नोकर अभेद है।

संस्कृति साहित्य में मानव जीवन के संदर्भ में विद्या (शिक्षा) की भूरि-भूरि प्रशंसा मिलती है। भर्तृहरि ने अपने “नीतिशतक” में विद्या की जो प्रशंसा की है उससे जीवन पर शिक्षा के प्रभाव के बारे में पता चलता है। उन्होंने लिखा है कि विद्या मानव बुद्धि की जड़ता को दूर करती है, वाणी में सत्य का सिंचन करती है, सम्मान बढ़ाती है, पाप को दूर करती है, चित्त को प्रसन्न करती है, दिशाओं में कीर्ति फैलाती है कल्पवृक्ष के समान विद्या क्या-क्या नहीं करती?

जापः पियो हरति सिन्धति वाचि सत्यम् मानोन्नतिं दिशति पापमपाकरोति। चेतः प्रसादया
चेतः प्रसादयति दिक्षु तनोति कीर्तिम् किं किं नसाध्यति कल्पलतेव विद्या ।

शिक्षा, मानव जीवन के प्रारंभ से ही अपना प्रभाव डालती है। बालक जैविक अवस्था में उत्पन्न है और अपने विकासक्रम में क्रमशः बाल्यावस्था, शैशवकाल, किशोरावस्था और प्रौढ़ावस्था को प्राप्त करता है। जन्म के पश्चात् बालक की अवस्था को असहाय अवस्था कहा जा सकता है। किन्तु उसकी यही असहाय अवस्था ही शिभा की भूमिका निर्मित करती है। मनुष्य के विकासक्रम की विभिन्न अवस्थाओं की मनोवैज्ञानिक विशेषताएं भिन्न - भिन्न होती हैं। मनुष्य केवल शिक्षा के द्वारा ही अपनी मनोवैज्ञानिक विशिष्टताओं का विकास करता है। शिक्षा को जीवन के साथ गहराई से संबंधित मानते हुए एच.एच. हार्न ने लिखा है कि शिक्षा उच्च वास्तविकताओं तथा अस्तित्व के अर्थों के प्रति जीवन का जागरण है।

सार रूप में यही कहा जा सकता है कि शिक्षा जीवन का मूलधार है कि शिक्षा जीवन का मूलधार है। वस्तुतः शिक्षा ही जीवन है और जीवन ही शिक्षा । शिक्षा और जीवन घनिष्टतापूर्वक सम्पृक्त है, परस्पर अन्योन्याश्रित है। जीवन की प्रेरणा जहाँ शिक्षा को संचालित करती है वही शिक्षा का निर्देशन जीवन का नेतृत्व

है। यही कारण है कि महात्मा गांधी ने शिक्षा की कल्पना में मनुष्य के चरित्र-निर्माण को महत्व दिया (जोकि शिक्षा और जीवन की घनिष्टता का द्योतक है) “समस्त ज्ञान (शिक्षा) का उद्देश्य चरित्र का निर्माण होना चाहिए”।

यह सही है कि श्रोष्ठ जीवन सुशिक्षा का प्रतिफल है और शिक्षा व्यक्ति को, समाज में एवं समाज के हित की वृद्धि के द्वारा, अपना पूर्ण विकास करने में सहायता करती है और शिक्षा के इस उद्देश्य की प्राप्ति मानवीय गुणों के विकास तथा चरित्र-निर्माण से अपना संबंध स्थापित कर लेती है। शिक्षा के संदर्भ में मूल्यों पर विचार करने पर यह बात स्पष्ट हो जाती है कि शिक्षा के साथ मूल्यों का शाश्वत संबंध है। शिक्षा में मूल्यों का स्थान सर्वोपरि है। शिक्षा के द्वारा व्यक्ति ज्ञान से सम्पन्न होकर सामूहिक-सामाजिक जीवन और संस्कृति में प्रवेश करता है। समाज में ही व्यक्ति के व्यक्तित्व का विकास होता है। व्यक्ति के मानवीय गुण, व्यक्तित्व के गुणात्मक विकास और चरित्र-निर्माण में शिक्षा की भूमिका निर्विवाद है।

शिक्षा और मूल्यों में घनिष्ट संबंध है। शिक्षा के क्षेत्र में मूल्यों को यथोचित स्थान प्राप्त है। शिक्षा की प्रक्रिया बिना मूल्यों के आधार के पूरी नहीं हो सकती। शिक्षा के समस्त कार्यक्रम मूल्यों से जुड़े हुए होते हैं। “शिक्षा की अंतर्वस्तु तथा व्यवस्था सदैव किसी-न-किसी प्रकार की मूल्य व्यवस्था से संचलित होती है तथा वह किसी-न-किसीमूल्य-संघर्ष से कुछ-न-कुछ तनाव का अनुभव अवश्य ही करती है।

मूल्यों के विकास में शिक्षक - शिक्षार्थी, शैक्षिक संस्थाएं, शैक्षिक वातावरण, पाठ्यक्रम और संसाधन विशिष्ट भूमिका निभाते हैं। शिक्षा का अर्थ तो अपने आप में मूल्य रखता ही है, शिक्षा की विधि भी अपने आप में मूल्य रखती है। “शैक्षणिक संस्थाएँ, शान्ति का प्रतीक है जो मूल्यों के अनुभवों को प्रदान करने के योग्य है। यह पाठ्यक्रम और उद्देश्यों का प्रतिफल ही है जिसके कारण विद्यालयों में विभिन्न प्रकार के मूल्यों

का विकास होता है। छात्राओं में शारीरिक, मानसिक, बौद्धिक, सामाजिक, आर्थिक एवं धार्मिक अपरिष्कृता होती है जिसके कारण उनमें परंपरागत सामाजिक, आर्थिक मूल्यों का स्तर भी कम ही होता है। छात्र एवं छात्राओं में कुंठा की भावना नहीं पनपने देनी चाहिए। उन्हें विभिन्न आयोजनों के माध्यम से आज की परिस्थिति के अनुरूप बनने सेवरने का अवसर प्रदान करने की विशेष आवश्यकता है। शिक्षक का भी मुख्य दायित्व है कि वह प्रकृतिप्रदत्त मूल्यों को सँजोकर एवं छात्र छात्राओं में सामाजिक, आर्थिक मूल्यों के स्तर को ऊँचा उठाने में सदा प्रयत्नशील रहे। वस्तुतः शिक्षक - शिक्षाया, शैक्षिक संस्थाएं शैक्षिक वातावरण और पाठ्यक्रम आदि एक दूसरे के पूरक बनकर राष्ट्र को एक नवीन सामाजिक-आर्थिक स्तर प्रदान करने में सक्षम हो।

वर्तमान समय में विज्ञान काफी हद तक विकसित एवं पूरी तरह से स्थापित हो चुका है। ज्ञान और विज्ञान ने मनुष्य को अनुभव एवं अनुभूतियों की नई सीमाएँ भी दी है। आज स्थिति यह है कि विज्ञान विकास का प्रतीक बन चुका है। विज्ञान के क्षेत्र में हुई प्रगति ने शिक्षा में भी अपना स्थान बनाया है। आज स्थिति यह

है कि विज्ञान विकास का प्रतीक बन चुका है। विज्ञान के क्षेत्र में हुई प्रगति ने शिक्षा में भी अपना स्थान बनाया है। विज्ञान की शिक्षा ने अहिंसा ब्रह्मचर्य, सत्य-दया आदि पर चल देनेवाली शिक्षा-व्यवस्था को च्युत कर अपना वर्चस्व स्थापित किया है। हालांकि यही नैतिक गुण विज्ञान का आधार तैयार करते हैं।

इसी आशय के व्यक्त करते हुए इंदिरा गांधी राष्ट्रीय मुक्त विश्वविद्यालय की विज्ञान विध्यापीठ (School of Sciences) द्वारा दिनांक 31 अक्टूबर, 2000 को Science Education and Moral Values (विज्ञान शिक्षा और नैतिक मूल्य) विषय पर आयोजित एक व्याख्यान में दिल्ली विश्वविद्यालय के प्रोफेसर एमेरिटस प्रो. एल.एस. कोठारी ने नैतिक मूल्यों, प्रकृति और विज्ञान - शिक्षा को जीवन रूपी त्रिभुज के कोण सिद्ध किया और कहा कि जिज्ञासा, सत्यनिष्ठा-निष्कटपता, कड़ी मेहनत, ईमानदारी, सदाई, विनम्रता - शालीनता और न्यायनष्टिता नीतिपरायणता आदि तत्व वे नैतिक गुण हैं जो विज्ञान का आधारभूत ढांचा तैयार करते हैं और उसके व्यवहार को नियंत्रित करते हैं। वैसे, विज्ञान-शिक्षा के परिवर्तन के इस क्रम में जीवन मूल्यों में भी परिवर्तन होना स्वाभाविक है। वास्तविकता यह है कि जीवन-मूल्यों में परिवर्तन हुआ भी है। इसलिए कहा जा सकता है कि जीवन मूल्यों के अर्जन-विकास एवं परिवर्तन में शिक्षा की प्रभानकारी हाथ रहता है। “शिक्षा का उद्देश्य है व्यक्ति में ऐसी योग्यताओं को उत्पन्न करना जिनके द्वारा वह विभिन्न मूल्यों की सुरक्षा, सृष्टि तथा उपभोग कर सके।

वैसे भी जीवन मूल्यों की शिक्षा सतत रूप से चलते वाली प्रक्रिया है। सामाजिक जगत की गतिशीलता में मूल्यों के संक्रमण परिवर्तन की स्थिति बनती रहती है, वह उससे सामंजस्य स्थापित करती रहती है। इस स्थिति में शिक्षा और जीवन-मूल्यों के संबंध में भी परिवर्तन संभव है कमी या बढ़ोत्तरी हो सकती है। या फिर इन पर कजन कम दिया हो या इन्हें उभारने का बहुत ही कम प्रयास किया गया हो। किंतु दोनों का संबंध समाप्त नहीं हो सकता। इसीलिए कही जाता है कि शिक्षा की प्रक्रिया बिना मूल्यों के आधार के पूरी नहीं हो सकती शिक्षा की परिधि से इन्हें दूर रखना न तो संभव ही है और न ही उचित।

सारे रूप में यही कहा जा सकता है कि व्यक्ति के मानस मंदिर में शिक्षा द्वारा जीवन मूल्यों की प्राण-प्रतिष्ठा और विकास-संवर्धन से व्यक्तिगत सामूहिक जीवन तो सुधारती ही है, राष्ट्रीय एकता एवं राष्ट्रीय चरित्र भी अपने गंतव्य तक पहुँचता है। शिक्षा को जीवन-मूल्य रूपी प्राण वायु प्रदान कर मानव-जीवन के उपवन को सौंदर्य एवं सुख - समृद्धि के आगार के रूप में पाइयित पुष्पित एवं सुगंधित किया जा सकता है। वैयक्तिक स्वार्थपरस्ता व अहंभाव से उठकर मानव मात्र के सुखद उज्ज्वल भविष्य की कामना की आधार - दृष्टि से सम्पुक्त कोई भी मानव अपने जीवन में मूल्यों को अपनाकर जीवन को सार्थक - सफल बना सकता है। इसीलिए समग्र मानव समाज एवं मानव-कल्याण के लिए मूल्यों का संरक्षण आवश्यक है। वस्तुतः सच्चे अर्थों में मूल्योन्मुखी शिक्षा के द्वारा राष्ट्र-समाज एवं वैयक्तिक विकास का चरमोत्कर्ष प्राप्त किया जा सकता है।

The sky is the limit, if you determine to achieve

Dr. B.Thirukumaran,

Associate Professor of English.

”We must remember that one determined person can make a significant difference, and that a small group of determined people can change the course of history”.

The sky is the limit, if you have self-determination to succeed in life and to achieve the laurels. History has abundant examples and unforgettable life stories of the successful people who never did great things but determined to differ from the rest and did things in different ways. Think of the greatest victory of Barrack Obama, who broke the long and conventional history of America and becoming the first Black American President. His victory is not one day’s dream or his way was not the bed of roses. He had the strong self determination and un-shakable faith and ventured a long thorny way to realize his long cherished dream, and he became the inevitable dominant black force among the whites.

Determination or self-determination is a combination of skills, knowledge and beliefs that enable a person to engage in goal directed self regulated and autonomous behavior. An understanding of one’s strengths and limitations together with a belief in one self as capable and effective are essential to self-determination. When acting on the basis of these skills and attitudes, individuals have greater ability to control their lives and even have the greatest impact on the minds of others too.

Determination is the soul of victory when you expect victory out of your actions and above all your interest and dedication matter. When you are interested in your actions, automatically you may dedicate yourself to that and doing some work without interest is incomplete and does not yield any result .In the incomplete job, you don’t have any gains. How do you start a task is not much important, but the more significant thing is how you fulfill and complete your task is that all matters and even decides your success.

For example, a person wants to construct a house .Constructing a house is not an easy job. He has to face a number of hurdles and many pains. But he should have the determination to construct it at any cost That feeling should follow him just like his own shadow all the time or else the house will not be completed. Imagine, a house without roof will not provide shelter. Remember, determination should be the soul of his victory and when he has that, definitely he will complete the house and he may shelter his family in the house happily. Believe strongly that you can complete a task and believe it incessantly and afterwards you will get dedication towards that task. Love your task and dedicate yourself to it. As a result, success and glory you will get. These things will bring great changes in your thoughts and deeds. Those who believed they could alone succeeded in life. Develop a keen interest in the actions that you carry out. Think firmly what you do will be the root cause of your success.

What you do and how you do will reflect your talent, intelligence, your different way of thinking and your everything. Never think that your task is your burden and don’t approach that with this attitude. Get happiness in what you do and do what you think you like, and then everything will become a pleasure and not a burden. To do your job in a better possible way, develop your skills. Always dream big and think big. Your dreams should be bigger than the sky. Having a big dream and thinking in the big way are alone not

sufficient, find out the ways and means to realize them. When you work tirelessly and dedicatedly, success will laugh at your doors.

To live and work with principles are not an easy task. You should have never dying and unyielding spirit to follow your principles. But be prepared to face the sour and undesirable results. Your principles should be your foundation for your growth. If the foundation is shaky, what about the fate of the building? Your principles are your most precious ornaments. Gaining success, compromising with principles, is not at all considered a complete success.

In one of the interviews one journalist asked the second richest man in the world, Bill Gates. What the driving force behind the success of him was He answered. "The driving force or the secret of my success is I always say to my self you are the real competitor to yourself, so try to excel yourself. I drove my Micro Soft Company just like a bus. My bus had no side mirrors, no brakes no clutch. Yes. If I had side mirrors, I had to see who was going ahead or who was following? If I had brakes, I might stop the bus often and might become lazy. If I had clutches, I had to increase or decrease the speed. I felt all these were obstacles, so I removed them and so I reached my destination.

There was a man who failed in business at the age of 31. He was defeated for the legislature at 32, failed in business again at 36. Lost the elections yet again at 38. He lost the election for congress at 46. Lost again in another congress at 49. Accepted defeat for the senate at 55, was beaten in the race for vice-president at 56, was again defeated for senate at 58. But was elected the president of the US at the age of 60. That man was Abraham Lincoln. So have firm determination and that determination will lead you to the worlds you never dreamt of.

It's Your Thoughts that can heal your wounds or hurt your wounds

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Our thoughts play a crucial role in determining our success or failure. Often, we may feel that external factors, like our environment or luck, influence our outcomes. However, the most significant determinant is the way we think. Our mindset shapes our actions, decisions, and ultimately the results we get in life.

Positive thoughts fuel optimism and resilience, which are essential ingredients for success. When we believe in ourselves and focus on opportunities rather than obstacles, we are more likely to take initiative and work toward our goals. A growth mindset, the belief that abilities and intelligence can be developed through hard work and dedication, propels us to embrace challenges, learn from mistakes, and keep progressing.

On the other hand, negative thoughts can lead to self-doubt, fear, and inaction. When we constantly focus on potential failures or think we are not capable, we limit our potential. Negative thinking can create a cycle of defeat, where failure becomes a self-fulfilling prophecy.

Success, then, is not just about external achievements but about the internal battle between positive and negative thinking. The thoughts we nurture can either drive us to take action and reach our goals or hold us back with fear and uncertainty. It's essential to cultivate self-awareness and consciously choose empowering thoughts. Overcoming negative thinking patterns requires practice, but it's worth the effort.

In conclusion, the path to success is significantly influenced by the thoughts we think. A positive, determined mindset can open doors to opportunities, while negative thoughts can close them. Our success or failure is largely shaped by how we choose to think, making our mindset the most powerful tool we possess.

Nutrition and Balanced Diet for Growing Children's

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A balanced diet for child development should include a variety of fruits, vegetables, whole grains, lean protein, dairy products, and healthy fats, ensuring adequate intake of essential vitamins, minerals, and fiber to support optimal growth and cognitive development; key points to consider include limiting added sugar, saturated fats, and excessive sodium, while promoting diverse food choices and healthy eating habits from early childhood.



The most useful physiologically active components of functional foods can help in the development and growth of children. The macronutrients and mi-

cronutrients, which are present in cereals, fruits, nuts, vegetables etc. can increase the energy level in human body and prevent diseases too. Therefore, we want to introduce these components with their positive effects on the body. Dietary supplementation plays an important role in children's nutrition and health. The Physiologically active components such as omega-3 fatty acids, vitamin B, flavonoids or calcium can help in the development of children. The fish, seeds, and nuts contain omega-3 fatty acids and the milk and milk products are good sources of calcium and vitamin D

Carbohydrates in children's nutrition:

Carbohydrates are the most important sources of energy. Furthermore, carbohydrates, such as whole grain cereals (brown bread, brown rice) or vegetables and fruits contain fiber, vitamins, minerals, and flavonoids. It is pertinent to mention that fruits and vegetables are recognized as an important source of minerals and vitamins. Carbohydrate, an important macronutrient, plays an excellent role in the child-nutrition. The consumption of high-quality carbohydrates can increase the energy level of children's body.

Protein in children's nutrition:

Protein plays a role in body functions,

such as muscle development. The most important protein sources are milk and dairy products, meat and meat products, eggs, fish, seeds, and nuts.

Fat in children's nutrition:

The high quality fat as a macronutrient can help the children's body balance for example nervous system balance. The high quality fat sources are the sea fish, vegetable oils.

Nutrition for kids is based on the same ideas as nutrition for adults. Everyone needs the same types of things, such as vitamins, minerals, carbohydrates, protein and fat. These are called nutrients. Children need different amounts of specific nutrients at different ages.

The best eating pattern for a child's growth and development considers the child's age, activity level and other characteristics. Check out these nutrition basics for kids, based on the latest Dietary Guidelines for Americans

The main difference in good versus poor eating habits is the amount and type of nutrients consumed. Children with good eating habits consume a balanced amount of nutrients and eat a wide variety of foods. Children with poor eating habits do not consume the adequate amount of nutrients needed for growth and development. These children may consume too few or too many nutrients, which may result in the child being underweight or overweight.



Examples of good eating habits are following:

- Eating slowly
- Eating only when hungry
- Planning meals ahead of time
- Eating a wide variety of foods
- Consuming adequate amounts of water

Food packed with nutrients — with no or limited sugar, saturated fat, or salt added to it — is considered nutrient dense. Focusing on nutrient-dense foods helps kids get the nutrients they need while limiting overall calories.

—KomalaDevi Chinthapudi



Power of Music

(Music Enhances Mind Power)

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- ❧ Music has long been regarded as a universal language that transcends barriers, but its influence goes beyond entertainment. Scientific studies reveal that music can significantly enhance cognitive abilities and improve mental health.
- ❧ Listening to music stimulates brain regions responsible for memory, attention, and emotional regulation. Classical compositions, such as Mozart's symphonies, are known to activate neural pathways, improving focus and problem-solving skills commonly referred to as the "Mozart Effect".
- ❧ Music also promotes relaxation and reduces stress by lowering cortisol levels, enhancing mental clarity. Upbeat tunes boost motivation and creativity, while calming melodies aid concentration during study or meditation.
- ❧ For children, learning to play an instrument can sharpen motor skills, increase IQ, and enhance spatial-temporal reasoning. Similarly, for adults, engaging with music helps delay cognitive decline, keeping the mind agile with age.
- ❧ Incorporating music into daily life, whether through listening or playing, is a simple yet powerful way to boost brain function and overall mental well-being. Let music be your partner in unlocking your mind's potential



Everybody's a Statistician: How Numbers Shape Our Lives



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From predicting the weather to making crucial business decisions, statistics plays an unseen but vital role in our daily lives. Whether you're checking the likelihood of rain, investing in the stock market, or even tracking your fitness progress, you're using statistics—whether you realize it or not.

The Power of Numbers in Everyday Life

Healthcare & Medicine

Clinical trials and disease predictions rely on statistical models. COVID-19 forecasts, for instance, helped governments implement timely lockdowns and vaccine rollouts.

Business & Economics

Market trends, consumer behavior, and financial planning are all built on statistical analysis, helping companies maximize profits and cut losses.

Education & Research

Teachers use statistics to analyze student performance, while researchers depend on it to validate scientific theories.

Sports Analytics

Whether it's tracking a football player's performance or predicting Olympic medal counts, statistics have revolutionized modern sports strategies.

Weather Forecasting

Meteorologists use historical data and probability models to predict climate patterns, helping us plan our days better.

Government & Policy Making

Statistics inform policies on public health, employment, and infrastructure, ensuring data-driven governance.

Quality Control in Manufacturing

From food safety to automobile testing, statistics help companies maintain product quality and efficiency.

Insurance & Risk Management

Insurers calculate premiums based on statistical data, ensuring fair pricing and risk assessment.

Marketing & Advertising

Companies analyze consumer preferences and online trends to create targeted ads that increase engagement.

Environmental Science

Statistical analysis helps scientists track climate change, pollution levels, and conservation efforts.

From Predictions to Decisions: Why Statistics Matter

Statistical methods help predict everything from economic recessions to the spread of infectious diseases. A prime example is the use of predictive modeling in healthcare, where data analytics helps forecast disease outbreaks and personalize treatments.

In the corporate world, businesses use statistical tools to study market trends, forecast sales, and make strategic decisions that drive profitability. Even self-driving cars rely on machine learning—powered by statistical models to navigate safely.

A Career in Statistics: A Future-Proof Profession

With industries becoming more data-driven, statisticians are in high demand. Careers range from financial analysts to artificial intelligence experts. If you have a knack for numbers and analytical thinking, a career in statistics could be your gateway to endless opportunities.

Conclusion

Statistics isn't just for mathematicians it's a part of our daily decision-making. Whether you're a business leader, student, or casual smartphone user, you rely on statistics more than you think. In a world overflowing with data, understanding statistics is no longer optional it's essential.

“THE POWER OF YOUTH IN SHAPING A BETTER SOCIETY”

Dr J RAMA DEVI

Assistant Professor of Commerce

Youth have always been at the heart of societal change. With their boundless energy, creativity, and passion, young people possess the power to shape a better society. As the backbone of any nation, they bring fresh perspectives and innovative solutions to long-standing challenges. In a world facing social, environmental, and economic crises, the role of youth has never been more critical. This article explores how the energy of youth can transform society and build a brighter future.



Here is an image illustrating diverse young people actively contributing to societal change through various meaningful activities

Agents of Change

The youth are natural agents of change. Throughout history, young people have spearheaded revolutions, fought for justice, and challenged outdated norms. From the civil rights movement in the United States to climate activism led by figures like Greta Thunberg, the power of youth has repeatedly demonstrated its potential to disrupt the status quo and push for progress.

In today's interconnected world, technology has amplified their ability to influence. Social media platforms enable youth to organize protests, raise awareness, and advocate for causes on a global scale. Movements like #BlackLivesMatter and #FridaysForFuture are prime examples of how young people can mobilize millions to act.

Innovators and Problem Solvers

Young people are brimming with creativity and innovative ideas. They are unburdened by the constraints of tradition and are often willing to think outside the box. In areas like technology, education, and social entrepreneurship, youth are driving solutions to some of the world's most pressing problems.

For instance, young innovators are tackling climate change with groundbreaking technologies, creating apps that promote mental health, and building platforms that connect underserved communities to resources. Their entrepreneurial spirit is a powerful tool for societal transformation.

Building Inclusive Communities

The youth are at the forefront of advocating for inclusivity and equality. They challenge discrimination based on race, gender, religion, and sexuality, striving to create a society where everyone feels valued. Through grassroots movements and community engagement, young leaders work to dismantle barriers and promote understanding among diverse groups.

In schools, colleges, and workplaces, youth are fostering environments that celebrate diversity. By standing up for marginalized communities, they ensure that progress benefits everyone, not just a select few.

The Role of Education and Empowerment

For youth to fulfil their potential as society's changemakers, access to quality education and opportunities is essential. Education equips young people with the skills, knowledge, and confidence to tackle challenges head-on. Moreover, mentorship and leadership programs can empower them to take initiative and drive meaningful change.

Governments, institutions, and communities must invest in the development of youth by providing platforms for their voices to be heard. Policies that support youth participation in decision-making processes can ensure that their perspectives are incorporated into shaping the future.

Challenges and the Way Forward

Despite their potential, young people often face challenges such as unemployment, lack of resources, and societal scepticism. Addressing these issues requires a collective effort from all sectors of society. Adults must recognize the value of youth contributions and create spaces where they can thrive.

Youth themselves must also take responsibility. By staying informed, engaged, and committed, they can overcome obstacles and drive change. It is important for young people to believe in their power and actively participate in building a better society.

Conclusion

The power of youth in shaping a better society is undeniable. Their energy, creativity, and passion are the building blocks of progress. By fostering inclusivity, driving innovation, and challenging injustices, young people are paving the way for a brighter future. It is up to all of us to support and empower them on this journey. As the leaders of tomorrow and the changemakers of today, youth hold the key to a world that is just, sustainable, and full of opportunity for all.

“Empowered Youth, Empowered Society: Shaping Tomorrow Today!”

THE INDUSTRIAL REVOLUTION: A TURNING POINT IN HUMAN HISTORY

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The clang of metal, the hiss of steam, and the rhythmic churning of machines these sounds defined an era that reshaped humanity forever. The Industrial Revolution was more than just an age of invention; it was a gateway to modern civilization, altering the course of history in ways never seen before.



In the late 18th century, a wave of technological advancements swept through Britain, eventually spreading across Europe and the world. What had once been an agrarian economy, dependent on manual labour and small-scale craftsmanship, rapidly evolved into a mechanized system of mass production. Steam engines roared to life, textile mills revolutionized clothing production, and ironworks paved the way for towering structures and sprawling railway networks. The world was no longer the same.

At the heart of this transformation was innovation. Inventors like James Watt, whose improvements to the steam engine powered industries, and Richard Arkwright, who pioneered mechanized textile manufacturing, became the architects of this new age. Factories, rising like iron fortresses, brought job opportunities to thousands, drawing them from rural landscapes to bustling cities.

However, this period of progress was not without its struggles. The rapid urbanization led to overcrowded cities, poor working conditions, and the exploitation of labour, including that of women and children. As coal-powered industries blackened the skies, questions of environmental degradation and workers' rights emerged. Yet, even amidst these challenges, the seeds of social reform were sown, leading to the labour movements and workplace regulations we recognize today.

The Industrial Revolution's impact extends far beyond its era. It laid the foundation for modern transportation, communication, and industry, setting the stage for the digital revolution that governs our present world. Its echoes are heard in the hum of today's automated factories, the sleek trains that connect continents, and the innovations that continue to shape our future.

As we look back at this turning point in human history, we are reminded that progress comes with responsibility. The Industrial Revolution was a testament to human ingenuity, and its legacy serves as both an inspiration and a lessonone that urges us to innovate wisely, ensuring that growth and sustainability go hand in hand.

“ The Industrial Revolution: Igniting Progress, Transforming Civilization.”

TRANSFORMING EDUCATION IN FUTURE



Dr. T. Vinila,

Lecturer in Commerce.

“The more that you read, the more things you will know, the more that you learn, the more places you’ll go.” —Dr. Seuss

Self-guided learning, personalization of courses, and an increased focus on value for money will drive the future of education. The world of education is changing rapidly, and it can be difficult to keep up with all the latest trends and developments. With rapid advancements in technology and shifts in societal needs there is a question arising “what is the future of education”? As technology becomes more prevalent in the classroom, the role of teachers will inevitably change. While teachers will always be essential to the learning process, their roles will shift from being the primary source of information to being facilitators of learning. This article emphasis on evolution of education, roadmap of India’s education and future of education.

Key words: *Education, Technology.*

Objective of the Study :

The present paper focused on the following objectives:

- ✍ To elicit the evolution of innovations in education
- ✍ Emphasis on technology in education
- ✍ Roadmap for India’s education
- ✍ To enlighten the new innovations in the present and future scenerio

Evolution of Innovations in Education

- ❖ **The Chalkboard (Early 19th Century):** The chalkboard, introduced in the 1800s, marked a significant shift from individual slates to a shared visual learning space. This simple tool enhanced group instruction and allowed for dynamic, erasable content creation.
- ❖ **The Ballpoint Pen (1940s):** The mass production of ballpoint pens in the 1940s democratized writing, making it more accessible and efficient for students to take notes and complete assignments.
- ❖ **Educational Television (1950s-1960s):** Programs like “Sesame Street” brought visual and auditory learning into homes and classrooms, expanding the reach of education beyond traditional boundaries.
- ❖ **Personal Computers (1980s-1990s):** The introduction of personal computers in schools opened new avenues for interactive learning, word processing, and access to digital information.
- ❖ **The Internet (1990s-2000s):** The World Wide Web transformed research and collaboration,

providing students and educators with unprecedented access to global knowledge.

- ❖ **Learning Management Systems (2000s):** Platforms like Blackboard and Moodle centralized course materials, assignments, and communication, facilitating both in-person and distance learning.
- ❖ **Mobile Devices and Apps (2010s):** Smartphones and tablets, along with educational apps, made learning more portable and personalized than ever before.
- ❖ **The AI Revolution: A New Frontier in Education:** Now, as we enter the 2020s, artificial intelligence stands poised to redefine education once again. Like its predecessors, AI promises to enhance critical thinking, creativity, and problem-solving skills. However, it also brings unique capabilities that set it apart from previous innovations.

Most Popularly AI Tools Used:

- ➞ **Grammarly** - Ideal For Writing error-free assignments and lesson materials.
- ➞ **Notion** - Best for Collaborative Note -Taking and Task Management
- ➞ **ChatGPT** - Best for Conversational AI and Research Assistance
- ➞ **Google Classroom** – Recommended for Classroom Management
- ➞ **Turnitin** - Best for Plagiarism Detection
- ➞ **Cognii** - Ideal for Personalized AI Tutoring and Assessment
- ➞ **Khanmigo** - Best for AI-Powered Educational Chatbot Assistance
- ➞ **Canva** - Best for Creative Educational Content
- ➞ **Gradescope** - Best for Automated Grading and Feedback
- ➞ **QuillBot** - Best for Paraphrasing and Summarizing Content
- ➞ **MagicSchool.ai** - Best for Automating Educational Tasks.
- ➞ **Khan Academy** - Best for Free, high-quality learning resources

Roadmap of India's education:

The governments New Education Policy (NEP) 2020 emphasised the role of technology in education. The past several decades witnessed an impressive expansion of access to education across the world, India has witnessed substantial progress in AI driven education technologies, from personalized learning platforms to AI powered assessment tools. The government recognized the impact of such innovations and taken steps to promote their effective education system. The union budget 2025 has laid the foundation for a transformative shift in India's education sector through AI integration. By investing in AI driven personalized learning, research, skill development and accessibility, the government aims to ensure that both students and educators benefit from technological advancements. however, for AI to be a force for in AI driven learning and innovation the education related goals and targets of the 2030 Agenda severely off track and risk leaving learners and societies ill equipped to navigate uncertain futures.

The 2025 Union Budget presents a forward-thinking roadmap for India's education sector, emphasizing accessibility, skill development, and technological integration. The 2025 Union Budget presents

a forward-thinking roadmap for India's education sector, emphasizing accessibility, skill development, and technological integration. A Rs 500 crore allocation towards Centres of Excellence in Artificial Intelligence underscores the commitment to equipping students with future-ready skills. Expanding IITs and medical colleges aims to enhance both quality and capacity, ensuring that education remains a powerful driver of national progress," he said. crore allocation towards Centres of Excellence in Artificial Intelligence underscores the commitment to equipping students with future-ready skills. Expanding IITs and medical colleges aims to enhance both quality and capacity, ensuring that education remains a powerful driver of national progress.

Conclusion:

The future of education is exciting and full of potential. With the advancements in technology and changing needs of the workforce, it is important that the education system adapts to prepare students for the future. The predictions discussed in this article are just a glimpse of what's to come, and it is up to educators and policymakers to ensure that our education system evolves to meet the needs of future generations. Embracing the future of technology in education will be key to creating innovative learning environments that not only keep pace with technological advancements but also equip students with the skills and knowledge necessary for success in a rapidly evolving world.

PLAYGROUND IN OUR COLLEGE

